

STAMFORD CENTRAL SCHOOL
BREAKFAST AND LUNCH MENU January 28, 2018 THROUGH February 8, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Breakfast WG Pancake Stix Lunch Roasted Chicken Mashed Potatoes Broccoli Dinner Roll / Fruit	29 Breakfast English Muffin Sausage / Cheese Lunch Ground Beef / Gravy Egg Noodles Peas Fruit	30 Breakfast Peach Parfait /Granola Lunch WG Grilled Cheese Tomato Soup Carrots Fruit	31 Breakfast WG Donut Lunch "Brunch for Lunch" WG French Toast Sticks Scrambled Eggs Sausage/Hash Brown Applesauce / Fruit	1 Breakfast English Muffin Bacon/ Egg /Cheese Lunch Buffalo / Taco Chicken Quesadilla Mexican Bean Salad Fruit
4 Breakfast Waffles Lunch WG Chicken Tenders Mashed Potatoes Dinner Roll Corn / Fruit	5 Breakfast English Muffin Sausage / Cheese Lunch Soft Taco /Ground Beef Lettuce/Tomato/Cheddar Refried Beans Rice / Fruit	6 Breakfast Blueberry Muffins Lunch Cheese / Buffalo Chicken WG Pizza Broccoli Fruit	7 Breakfast WG French Toast Sticks Lunch Chef Salad Ham / Egg / Cheese Romaine /Cucumbers Breadstick Fruit	8 Breakfast English Muffin Bacon / Egg / Cheese Lunch Hamburger /WG Bun Baked French Fries Carrots Fruit
<p>***Please be advised of the price changes*** Breakfast—all grades \$1.75 Lunch (K-5)--\$2.50 Lunch (6-12)--\$2.75 Milk--\$.50 Milk / Juice Tickets (10days)-\$5.00 Whole grain bagels and cream cheese, a variety of whole grain cereals ,whole grain cereal bars, nutrigrain bars, granola bars, yogurt, cheese sticks. Whole grain bagels and cream cheese will be offered daily along with the daily specials menu Juice, fruit and milk are served with all breakfast choices. Additional lunch offered daily – PBJ sandwich with vegetables,Salad Bowls , Yogurt Parfaits, Grab and Go. Fruit and milk are served with all lunch choices. Milk choices are – 1% white , 1% chocolate State law requires that a student must choose 3 out of 5 items offered to qualify as a lunch fruit or vegetable must be a choice or, they will be charged ala carte prices. State law requires that a student must choose 3 out of 4 items offered to qualify as a breakfast. Menu is subject to change. "This Institution is a equal opportunity provider and employer"</p>				

Del...Can we have cow to cafe (cow) on 1/29 and 2/5 Please....thanks



**Stamford Central School –
 COMING EVENTS:**